



UCF Sweet Beginnings Program Criteria & Eligibility

The Underserved Communities Foundation (UCF) is committed to reducing poverty by empowering the underserved. The Sweet Beginnings Program was intentionally designed to help prevent individuals and families who have previous experience of being unhoused from becoming unhoused again.

Through this program, UCF supports individuals aging out of foster care, survivors of sexual and human trafficking, survivors of domestic violence and runaway youth as they transition from shelters, transitional living programs or other unstable housing situations into independent living. Sweet Beginnings provides essential home furnishings and household items that transform an empty apartment or residence into a safe, functional, and welcoming home environment.

By meeting these immediate, practical needs, the program helps participants focus on their recovery, maintain employment, and rebuild stability. With a foundation in place, individuals and families are better positioned to sustain housing, generate income, and move forward with dignity toward long-term self-sufficiency.

Qualifications

- Primary applicant (head of household) must be between 18 and 60 years of age.
- Must reside within El Paso County
- Must have experienced being unhoused within the past 12 months
- Must be referred by partnering organization
- Must indicate a need for home essentials to support housing stability

Program Eligibility

To become eligible to receive assistance from the UCF Sweet Beginnings Program Interested candidates must complete the program application and provide the following documentation:

1. A copy of driver's license, state-issued driver's license, school ID, passport (other forms of IDs can be accepted with program manager's approval)
2. Most recent paystub
3. Proof of any other household income